

# 2025 Greater NY Invitational

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## Session Summary

Dec 6-7, 2025

|                            |       |            |               |                        |                  |
|----------------------------|-------|------------|---------------|------------------------|------------------|
| Saturday, December 6, 2025 |       |            | Session: 1A   | Open Warmup 8:30 AM    | March In 9:00 AM |
| Lv 6 (Lrg Team)            |       |            | # Gymnasts 63 | Timed Warmup 8:50 AM   | Awards 11:35 AM  |
| Flight A (35 gymnasts)     |       |            |               | Flight B (28 gymnasts) |                  |
| Gym                        | Level | # Gymnasts |               | Gym                    | Level # Gymnasts |
| CPNY                       | 6     | 11         |               | Infinity Athletics     | 6 6              |
| EPNY                       | 6     | 7          |               | Kennetts Gymnastics    | 6 13             |
| FGA                        | 6     | 7          |               | World Cup              | 6 9              |
| Paradigm                   | 6     | 10         |               |                        |                  |

|                            |       |            |               |                        |                  |
|----------------------------|-------|------------|---------------|------------------------|------------------|
| Saturday, December 6, 2025 |       |            | Session: 1B   | Open Warmup 8:00 AM    | March In 8:30 AM |
| Xcel Bronze                |       |            | # Gymnasts 93 | Timed Warmup 8:20 AM   | Awards 10:55 AM  |
| Flight A (50 gymnasts)     |       |            |               | Flight B (43 gymnasts) |                  |
| Gym                        | Level | # Gymnasts |               | Gym                    | Level # Gymnasts |
| Pike                       | XB    | 8          |               | EPIK                   | XB 5             |
| RJ Gymnastics              | XB    | 18         |               | FOTG - Pompton         | XB 9             |
| TNF Glenmont               | XB    | 8          |               | Garden Gators Htown    | XB 20            |
| Westchester Gymnasti       | XB    | 2          |               | Paragon gymnastics     | XB 9             |
| Zero Gravity               | XB    | 14         |               |                        |                  |

|                            |       |            |               |                        |                   |
|----------------------------|-------|------------|---------------|------------------------|-------------------|
| Saturday, December 6, 2025 |       |            | Session: 2A   | Open Warmup 11:45 AM   | March In 12:15 PM |
| Lv 6 (Sm.Tm)/Lv 7          |       |            | # Gymnasts 73 | Timed Warmup 12:05 PM  | Awards 2:50 PM    |
| Flight A (36 gymnasts)     |       |            |               | Flight B (37 gymnasts) |                   |
| Gym                        | Level | # Gymnasts |               | Gym                    | Level # Gymnasts  |
| Arena NJ                   | 7     | 1          |               | AllAround              | 6 4               |
| CPNY                       | 7     | 4          |               | EGC-CT                 | 6 4               |
| GMTC                       | 7     | 1          |               | EGC-CT                 | 7 2               |
| Infinity Athletics         | 7     | 3          |               | FGA                    | 7 3               |
| Kennetts Gymnastics        | 7     | 4          |               | Paradigm               | 7 2               |
| REGA Gymnastics            | 6     | 1          |               | Paragon gymnastics     | 7 1               |
| REGA Gymnastics            | 7     | 1          |               | Precision NY           | 6 1               |
| Rock Gymnastics            | 7     | 4          |               | Precision NY           | 7 2               |
| US Gym                     | 6     | 3          |               | Premier                | 6 4               |
| US Gym                     | 7     | 8          |               | Sunburst               | 6 1               |
| VeGa Gymnastics            | 6     | 4          |               | Westchester Gymnasti   | 6 4               |
| VeGa Gymnastics            | 7     | 2          |               | Westchester Gymnasti   | 7 7               |
|                            |       |            |               | World Cup              | 7 2               |

|                            |       |            |               |                        |                   |
|----------------------------|-------|------------|---------------|------------------------|-------------------|
| Saturday, December 6, 2025 |       |            | Session: 2B   | Open Warmup 11:05 AM   | March In 11:25 AM |
| Xcel Bronze                |       |            | # Gymnasts 93 | Timed Warmup 11:15 AM  | Awards 2:00 PM    |
| Flight A (45 gymnasts)     |       |            |               | Flight B (48 gymnasts) |                   |
| Gym                        | Level | # Gymnasts |               | Gym                    | Level # Gymnasts  |
| CPNY                       | XB    | 10         |               | Garden Gators Sparta   | XB 10             |
| CS                         | XB    | 4          |               | Ms. J's Gym            | XB 5              |
| FOTG - Nutley              | XB    | 10         |               | Precision NY           | XB 17             |
| Princeton Gymnastics       | XB    | 8          |               | US Gym                 | XB 12             |
| Riverview Gymnastics       | XB    | 13         |               | VeGa Gymnastics        | XB 4              |

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|----------------------------|-------|------------|------------------------|----------------------|------------------|
| Saturday, December 6, 2025 |       |            | Session: 3A            | Open Warmup 3:00 PM  | March In 3:30 PM |
| Lv 8 / XP (Sm.Tm)          |       |            | # Gymnasts 65          | Timed Warmup 3:20 PM | Awards 6:10 PM   |
| Flight A (34 gymnasts)     |       |            | Flight B (31 gymnasts) |                      |                  |
| Gym                        | Level | # Gymnasts | Gym                    | Level                | # Gymnasts       |
| AllAround                  | 8     | 1          | Arena NJ               | 8                    | 2                |
| CPNY                       | 8     | 3          | FGA                    | 8                    | 3                |
| FOTG                       | XP    | 1          | GMTC                   | XP                   | 3                |
| FOTG - Nutley              | XP    | 2          | Princeton Gymnastics   | XP                   | 4                |
| Infinity Athletics         | 8     | 1          | REGA Gymnastics        | 8                    | 2                |
| Kennetts Gymnastics        | 8     | 3          | Rock Gymnastics        | 8                    | 8                |
| Paradigm                   | 8     | 6          | TNF Glenmont           | XP                   | 4                |
| Paradigm                   | XP    | 4          | VeGa Gymnastics        | XP                   | 2                |
| Paragon gymnastics         | XP    | 3          | Westchester Gymnasti   | 8                    | 3                |
| Sunburst                   | 8     | 3          |                        |                      |                  |
| US Gym                     | 8     | 3          |                        |                      |                  |
| World Cup                  | 8     | 1          |                        |                      |                  |
| Zero Gravity               | XP    | 3          |                        |                      |                  |

|                            |       |            |                        |                      |                  |
|----------------------------|-------|------------|------------------------|----------------------|------------------|
| Saturday, December 6, 2025 |       |            | Session: 3B            | Open Warmup 2:10 PM  | March In 2:40 PM |
| Xcel Gold                  |       |            | # Gymnasts 90          | Timed Warmup 2:30 PM | Awards 5:30 PM   |
| Flight A (44 gymnasts)     |       |            | Flight B (46 gymnasts) |                      |                  |
| Gym                        | Level | # Gymnasts | Gym                    | Level                | # Gymnasts       |
| CPNY                       | XG    | 9          | GMTC                   | XG                   | 18               |
| FOTG - Pompton             | XG    | 11         | Princeton Gymnastics   | XG                   | 3                |
| Ms. J's Gym                | XG    | 8          | US Gym                 | XG                   | 23               |
| Paradigm                   | XG    | 10         | VeGa Gymnastics        | XG                   | 2                |
| Zero Gravity               | XG    | 6          |                        |                      |                  |

|                            |       |            |                        |                      |                  |
|----------------------------|-------|------------|------------------------|----------------------|------------------|
| Saturday, December 6, 2025 |       |            | Session: 4A            | Open Warmup 6:20 PM  | March In 6:50 PM |
| Lv 9 / 10 / XSA            |       |            | # Gymnasts 47          | Timed Warmup 6:40 PM | Awards 8:55 PM   |
| Flight A (22 gymnasts)     |       |            | Flight B (25 gymnasts) |                      |                  |
| Gym                        | Level | # Gymnasts | Gym                    | Level                | # Gymnasts       |
| CPNY                       | 10    | 3          | AllAround              | XSA                  | 3                |
| CPNY                       | 9     | 3          | Paradigm               | 10                   | 3                |
| FGA                        | 10    | 2          | Paradigm               | 9                    | 4                |
| FGA                        | 9     | 2          | US Gym                 | 10                   | 5                |
| FOTG - Pompton             | XSA   | 1          | US Gym                 | 9                    | 8                |
| Frederick                  | 10    | 3          | VeGa Gymnastics        | 9                    | 2                |
| Frederick                  | 9     | 1          |                        |                      |                  |
| Infinity Athletics         | XSA   | 1          |                        |                      |                  |
| Kennetts Gymnastics        | 9     | 1          |                        |                      |                  |
| Paragon gymnastics         | 9     | 1          |                        |                      |                  |
| Rock Gymnastics            | 10    | 1          |                        |                      |                  |
| Rock Gymnastics            | 9     | 3          |                        |                      |                  |

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|----------------------------|-------|------------|------------------------|----------------------|------------------|
| Saturday, December 6, 2025 |       |            | Session: 4B            | Open Warmup 5:40 PM  | March In 6:10 PM |
| Xcel Gold                  |       |            | # Gymnasts 89          | Timed Warmup 6:00 PM | Awards 9:00 PM   |
| Flight A (47 gymnasts)     |       |            | Flight B (42 gymnasts) |                      |                  |
| Gym                        | Level | # Gymnasts | Gym                    | Level                | # Gymnasts       |
| FOTG - Nutley              | XG    | 8          | EGC-CT                 | XG                   | 7                |
| Paragon gymnastics         | XG    | 7          | EPIK                   | XG                   | 7                |
| Precision NY               | XG    | 10         | Infinity Athletics     | XG                   | 8                |
| Riverview Gymnastics       | XG    | 11         | TNF Glenmont           | XG                   | 11               |
| TNF Glenmont               | XG    | 11         | Westchester Gymnasti   | XG                   | 9                |

|                          |       |            |                        |                      |                  |
|--------------------------|-------|------------|------------------------|----------------------|------------------|
| Sunday, December 7, 2025 |       |            | Session: 5A            | Open Warmup 8:00 AM  | March In 8:30 AM |
| Xcel Diamond             |       |            | # Gymnasts 52          | Timed Warmup 8:20 AM | Awards 10:40 AM  |
| Flight A (26 gymnasts)   |       |            | Flight B (26 gymnasts) |                      |                  |
| Gym                      | Level | # Gymnasts | Gym                    | Level                | # Gymnasts       |
| CPNY                     | XD    | 6          | CPNY                   | XD                   | 5                |
| EPNY                     | XD    | 4          | EGC-CT                 | XD                   | 4                |
| Infinity Athletics       | XD    | 4          | EPNY                   | XD                   | 5                |
| Paradigm                 | XD    | 2          | FOTG - Pompton         | XD                   | 1                |
| Precision NY             | XD    | 4          | GMTC                   | XD                   | 3                |
| VeGa Gymnastics          | XD    | 1          | Riverview Gymnastics   | XD                   | 5                |
| World Cup                | XD    | 5          | TNF Glenmont           | XD                   | 2                |
|                          |       |            | Westchester Gymnasti   | XD                   | 1                |

|                          |       |            |                        |                      |                  |
|--------------------------|-------|------------|------------------------|----------------------|------------------|
| Sunday, December 7, 2025 |       |            | Session: 5B            | Open Warmup 8:30 AM  | March In 9:00 AM |
| Lv 2 / 3                 |       |            | # Gymnasts 76          | Timed Warmup 8:50 AM | Awards 11:00 AM  |
| Flight A (39 gymnasts)   |       |            | Flight B (37 gymnasts) |                      |                  |
| Gym                      | Level | # Gymnasts | Gym                    | Level                | # Gymnasts       |
| Aeon                     | 2     | 15         | EPIK                   | 2                    | 5                |
| Kennetts Gymnastics      | 2     | 11         | Indigo                 | 2                    | 9                |
| US Gym                   | 3     | 3          | Infinity Athletics     | 3                    | 4                |
| WGA                      | 2     | 6          | Paradigm               | 3                    | 1                |
| WGA                      | 3     | 4          | Paragon gymnastics     | 2                    | 5                |
|                          |       |            | Paragon gymnastics     | 3                    | 3                |
|                          |       |            | Summit Summies         | 3                    | 4                |
|                          |       |            | VeGa Gymnastics        | 3                    | 3                |
|                          |       |            | World Cup              | 3                    | 3                |

|                          |       |            |                        |                       |                   |
|--------------------------|-------|------------|------------------------|-----------------------|-------------------|
| Sunday, December 7, 2025 |       |            | Session: 6A            | Open Warmup 10:50 AM  | March In 11:20 AM |
| Xcel Plat (Lrg Tm)       |       |            | # Gymnasts 79          | Timed Warmup 11:10 AM | Awards 2:25 PM    |
| Flight A (36 gymnasts)   |       |            | Flight B (43 gymnasts) |                       |                   |
| Gym                      | Level | # Gymnasts | Gym                    | Level                 | # Gymnasts        |
| CPNY                     | XP    | 7          | CPNY                   | XP                    | 7                 |
| Precision NY             | XP    | 10         | EPNY                   | XP                    | 8                 |
| US Gym                   | XP    | 9          | FOTG - Pompton         | XP                    | 7                 |
| Westchester Gymnasti     | XP    | 10         | Infinity Athletics     | XP                    | 6                 |
|                          |       |            | Riverview Gymnastics   | XP                    | 11                |
|                          |       |            | World Cup              | XP                    | 4                 |

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| Sunday, December 7, 2025 |       |            | Session: 6B   |  | Open Warmup 11:15 AM   |       | March In 11:45 AM |  |
| Lv 3                     |       |            | # Gymnasts 81 |  | Timed Warmup 11:35 AM  |       | Awards 2:00 PM    |  |
| Flight A (38 gymnasts)   |       |            |               |  | Flight B (43 gymnasts) |       |                   |  |
| Gym                      | Level | # Gymnasts |               |  | Gym                    | Level | # Gymnasts        |  |
| Aeon                     | 3     | 6          |               |  | CPNY                   | 3     | 6                 |  |
| GMTC                     | 3     | 9          |               |  | EPIK                   | 3     | 11                |  |
| Kennetts Gymnastics      | 3     | 12         |               |  | Indigo                 | 3     | 6                 |  |
| Pike                     | 3     | 6          |               |  | Rock Gymnastics        | 3     | 12                |  |
| REGA Gymnastics          | 3     | 5          |               |  | Westchester Gymnasti   | 3     | 8                 |  |

|                          |       |            |               |  |                        |       |                  |  |
|--------------------------|-------|------------|---------------|--|------------------------|-------|------------------|--|
| Sunday, December 7, 2025 |       |            | Session: 7A   |  | Open Warmup 2:35 PM    |       | March In 3:05 PM |  |
| Lv 4                     |       |            | # Gymnasts 94 |  | Timed Warmup 2:55 PM   |       | Awards 6:10 PM   |  |
| Flight A (47 gymnasts)   |       |            |               |  | Flight B (47 gymnasts) |       |                  |  |
| Gym                      | Level | # Gymnasts |               |  | Gym                    | Level | # Gymnasts       |  |
| Aeon                     | 4     | 7          |               |  | CPNY                   | 4     | 7                |  |
| Kennetts Gymnastics      | 4     | 8          |               |  | GMTC                   | 4     | 6                |  |
| Paragon gymnastics       | 4     | 2          |               |  | Infinity Athletics     | 4     | 7                |  |
| Precision NY             | 4     | 6          |               |  | JCCMW                  | 4     | 2                |  |
| Princeton Gymnastics     | 4     | 2          |               |  | Kennetts Gymnastics    | 4     | 7                |  |
| REGA Gymnastics          | 4     | 6          |               |  | Premier                | 4     | 6                |  |
| Rock Gymnastics          | 4     | 8          |               |  | Summit Summies         | 4     | 3                |  |
| US Gym                   | 4     | 2          |               |  | Sunburst               | 4     | 2                |  |
| VeGa Gymnastics          | 4     | 2          |               |  | Westchester Gymnasti   | 4     | 3                |  |
| World Cup                | 4     | 4          |               |  | WGA                    | 4     | 4                |  |

|                          |       |            |               |  |                        |       |                  |  |
|--------------------------|-------|------------|---------------|--|------------------------|-------|------------------|--|
| Sunday, December 7, 2025 |       |            | Session: 7B   |  | Open Warmup 2:15 PM    |       | March In 2:45 PM |  |
| Xcel Silver              |       |            | # Gymnasts 79 |  | Timed Warmup 2:35 PM   |       | Awards 5:05 PM   |  |
| Flight A (44 gymnasts)   |       |            |               |  | Flight B (35 gymnasts) |       |                  |  |
| Gym                      | Level | # Gymnasts |               |  | Gym                    | Level | # Gymnasts       |  |
| CPNY                     | XS    | 6          |               |  | CPNY                   | XS    | 6                |  |
| EPIK                     | XS    | 6          |               |  | GMTC                   | XS    | 8                |  |
| Precision NY             | XS    | 7          |               |  | Infinity Athletics     | XS    | 7                |  |
| US Gym                   | XS    | 7          |               |  | Precision NY           | XS    | 6                |  |
| Westchester Gymnasti     | XS    | 10         |               |  | US Gym                 | XS    | 8                |  |
| Zero Gravity             | XS    | 8          |               |  |                        |       |                  |  |

|                          |       |            |               |  |                        |       |                  |  |
|--------------------------|-------|------------|---------------|--|------------------------|-------|------------------|--|
| Sunday, December 7, 2025 |       |            | Session: 8A   |  | Open Warmup 6:20 PM    |       | March In 6:50 PM |  |
| Lv 5                     |       |            | # Gymnasts 37 |  | Timed Warmup 6:40 PM   |       | Awards 8:20 PM   |  |
| Flight A (21 gymnasts)   |       |            |               |  | Flight B (16 gymnasts) |       |                  |  |
| Gym                      | Level | # Gymnasts |               |  | Gym                    | Level | # Gymnasts       |  |
| Arena NJ                 | 5     | 6          |               |  | GMTC                   | 5     | 4                |  |
| EGC-CT                   | 5     | 1          |               |  | Kennetts Gymnastics    | 5     | 2                |  |
| Sunburst                 | 5     | 4          |               |  | Rock Gymnastics        | 5     | 6                |  |
| Westchester Gymnasti     | 5     | 10         |               |  | Summit Summies         | 5     | 3                |  |
|                          |       |            |               |  | World Cup              | 5     | 1                |  |

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|                          |       |            |               |  |                        |       |                  |  |
|--------------------------|-------|------------|---------------|--|------------------------|-------|------------------|--|
| Sunday, December 7, 2025 |       |            | Session: 8B   |  | Open Warmup 5:15 PM    |       | March In 5:45 PM |  |
| Xcel Silver              |       |            | # Gymnasts 82 |  | Timed Warmup 5:35 PM   |       | Awards 8:05 PM   |  |
| Flight A (43 gymnasts)   |       |            |               |  | Flight B (39 gymnasts) |       |                  |  |
| Gym                      | Level | # Gymnasts |               |  | Gym                    | Level | # Gymnasts       |  |
| CS                       | XS    | 7          |               |  | FOTG - Pompton         | XS    | 8                |  |
| FOTG - Nutley            | XS    | 12         |               |  | Ms. J's Gym            | XS    | 10               |  |
| FOTG - Pompton           | XS    | 7          |               |  | Riverview Gymnastics   | XS    | 10               |  |
| Paragon gymnastics       | XS    | 6          |               |  | TNF Glenmont           | XS    | 8                |  |
| Princeton Gymnastics     | XS    | 3          |               |  | VeGa Gymnastics        | XS    | 3                |  |
| TNF Glenmont             | XS    | 8          |               |  |                        |       |                  |  |